

DESCRIPTION OF THE COURSE OF STUDY

Item code	0312.4.SM2.A22.EDS	
Item name in language	polskim	Empowerment w działalności społecznej Empowerment in social activities
	angielskim	

1. LOCATION OF THE SUBJECT IN THE STUDY SYSTEM

1.1. Field of study	Stosunki międzynarodowe
1.2. Form of study	Full-time / part-time studies
1.3. Level of study	Second-cycle (master's) studies
1.4. Person preparing the item sheet	PhD Barbara Biskup
1.5. Contact	imipp@ujk.edu.pl

2. GENERAL COURSE CHARACTERISTICS

2.1. Language	english
2.2. Prerequisites*:	Theoretical knowledge in the field of social sciences

3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

3.1. Form of classes	classes
3.2. Place of classes	didactic rooms of the Jan Kochanowski University
3.3. Form of assessment	Exam. graded credit

4. Teaching methods	<ul style="list-style-type: none"> – Knowledge assimilation: lecture elements aimed at providing basic knowledge enabling students to distinguish and define concepts such as empowerment, emancipation and subjectification, in relation to building individual resources and strengthening the capital of social groups; – Independent inquiry: searching for information concerning the organisation of events in the public space (formal requirements, preparation of activities, communication with the media and politicians); – Practical / non-formal methods: tasks (exercises) aimed at deepening awareness of the discussed phenomena. The purpose of workshops using drama techniques is the practical development of skills related to building one's own image as a person engaged in social issues and planning an action on a selected topic, including the involvement of socially excluded persons. 	
3.5. Bibliography	Basic literature:	<p>Wojciuk A.: Dylemat potęgi. Praktyczna teoria stosunków międzynarodowych. Wydawnictwo UW, Warszawa 2010.</p> <p>Szarfenberg R.: Empowerment - krótkie wprowadzenie. Instytut Polityki Społecznej. Uniwersytet Warszawski. Warszawa 2015.</p> <p>Szarfenberg R.: Marginalizacja i wykluczenie społeczne. Wykłady. Instytut Polityki Społecznej. Uniwersytet Warszawski. Warszawa 2006.</p> <p>Cialdini R.B.: Wywieranie wpływu na ludzi. Teoria i praktyka, Gdańskie Wydawnictwo Psychologiczne, Gdańsk 1996.</p>
	Supplementary literature:	<p>Boal A.: Gry dla aktorów i nie-aktorów. Wydawnictwo Cyklady, Warszawa 2014</p> <p>Teutsch A.: Siła, odwaga, solidarność. Upelnomocnienie jako skuteczna strategia przeciwdziałania przemocy ze względu na płeć. Podręcznik dla organizacji i instytucji. Autonomia, Kraków 2016.</p> <p>Rusiłowski- Jagiełło A (red.): Drama w STOP-KLATCE, w kierunku pozytywnej zmiany społecznej.; Stowarzyszenie Praktyków Dramy STOP-KLATKA, Warszawa 2010.</p> <p>Antydyskryminacja. Podręcznik trenerski. CODN, Warszawa 2005.</p>

4. COURSE OBJECTIVES, CONTENT AND LEARNING OUTCOMES

4.1. Course objectives (depending on the form of classes)

- C1. The student is able to define concepts such as empowerment, exclusion, discrimination and empowerment processes.
- C2. The student identifies specific social problems in their local environment and the actions undertaken to publicise or resolve them.
- C3. The student designs activities (press conferences, information campaigns, actions in urban space) aimed at contributing to positive social change.
- C4. The student applies selected self-presentation techniques in order to achieve intended outcomes.

4.2. Course content (depending on the form of classes)

Empowerment, exclusion and discrimination as social, group and individual processes; social engagement and cross-sector dialogue as tasks of institutions, non-governmental organisations, politicians and citizens; individual dimensions of empowerment – selected self-presentation techniques; planning and implementation of activities in the public space – from theory to practice.

4.3 Intended learning outcomes

Code	A student, who passed the course	Relation to learning outcomes
within the scope of KNOWLEDGE:		
W01	The student has extended knowledge of instruments and the importance of building a state's image, political (international) marketing and public relations	SM2A_W22
within the scope of ABILITIES:		
U01	The student is able to communicate effectively in a group, using appropriate messages and communication methods in interpersonal relations in diverse situations	SM2A_U10
within the scope of SOCIAL COMPETENCE:		
K01	The student is ready to take responsibility for their actions and independently solve tasks in professional work.	SM1A_K02
K02	The student is prepared for effective and creative teamwork, is aware of their role in a professional group, is able to assume specific social roles and is open to new forms of social communication	SM1A_K05
K03	The student is ready to actively participate in public life and to promote human rights, democratic values and gender equality.	SM1A_K05

4.4. Methods of assessment of the intended learning outcomes

Teaching outcomes (code)	Method of assessment (+/-)																				
	Exam oral/written*			Test*			Project*			Effort in class*			Self-study*			Group work*			Others* e.g. standardized test used in e-learning		
	Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes		
	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...
W01											+			+			+				
U01											+			+			+				

Kategoria	Obciążenie studenta	
	Studia stacjonarne	Studia niestacjonarne
<i>LICZBA GODZIN REALIZOWANYCH PRZY BEZPOŚREDNIM UDZIALE NAUCZYCIELA /GODZINY KONTAKTOWE/</i>	20	15
<i>Udział w ćwiczeniach, konwersatoriach, laboratoriach*</i>	20	15
<i>SAMODZIELNA PRACA STUDENTA /GODZINY NIEKONTAKTOWE/</i>	5	10
<i>Przygotowanie do ćwiczeń, konwersatorium, laboratorium*</i>	2	4
<i>Zebranie materiałów do projektu, kwerenda internetowa*</i>	1	2
<i>Opracowanie prezentacji multimedialnej*</i>	2	4
ŁĄCZNA LICZBA GODZIN	25	25
PUNKTY ECTS za przedmiot	1	1

**niepotrzebne usunąć*

Przyjmuję do realizacji (data i czytelne podpisy osób prowadzących przedmiot w danym roku akademickim)

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